

Monday 3 February 2025

Dear Parents

We are excited to be joining with many others around the UK in fundraising for this year's Place2Be, Children's Mental Health awareness week, raising awareness and support for the work of this important charity.



On **Friday, 7 February**, we invite you to join us in supporting **Children's Mental Health Awareness Week** by taking part in our special fundraising event.

This year's theme is "**Know Yourself, Grow Yourself**", and to celebrate, we are encouraging pupils to **wear socks or tights that express themselves**—whether it's through bright colors, bold patterns, or a design that reflects their personality or feelings.

In exchange for a **suggested donation of £1**, pupils will also take part in a variety of **wellbeing activities** led by our very own **Anti-Bullying Ambassadors** on this day. These activities will focus on self-expression, resilience, and emotional wellbeing.

Donations should be sent in with pupils and handed to class teachers at the start of the school day. Alternatively, donations can be made directly to our [online justgiving](#) page.

Thank you for your support in helping us raise awareness of children's mental health in a fun and meaningful way.

Remember on Friday 7 February, children can come to school wearing socks/tights that express themselves for a £1 donation.

Best wishes

Rebecca Neale
Deputy Headteacher

