



# Physical Education

## Dodgeball Year 5

### Unit Purpose

The unit of work will consolidate pupils' ability to apply the principles of **attack** vs **defence** in games.

Pupils will consolidate their **throwing**, **catching** and **dodging** skills applying these as they create simple tactics for attacking and defending.

### Inspire Me

**Did you know...** the longest recorded game of dodgeball was played on April 27–29, 2012, at the Castleton State College in Vermont; it lasted a mammoth 41 hours 3 minutes 17 seconds!



### Key Success Criteria

- P** Pupils will consolidate their application of dodging, throwing, jumping, ducking and catching. Pupils will begin to explore blocking and apply this in games.
- C** Pupils will create and apply attacking and defending tactics. Pupils will understand how important effective decision making is and begin to evaluate others.
- S** Pupils will develop communication skills as they support their team mates in games and suggesting ways to improve their performances.
- W** Pupils will consolidate their application of life skills such as integrity and responsibility as they strive to improve their own performances.

### Vocabulary for Learning

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.

**Transition:** is defined as the process of recognising and responding after throwing or regaining possession of the ball.

**Accuracy:** is the ability to control where we throw the ball.

**Power:** is the intensity and speed that a ball is thrown towards an opponent.

**Dodge:** is a method of moving quickly from to one side to the other to avoid being hit by a ball.



### Sport Specific Vocabulary

**Blocking:** When in possession of a ball, a player can hold their ball and use it to deflect a ball that is thrown towards them to avoid being hit.

**Eliminated:** Is when a pupil is out of the game and waits on the side to re enter. An elimination generally occurs when a player is hit with the ball, they enter the other team's half of the court or their opponent catches the ball that they have thrown.

